

## **Understand an Edible-Pod Pea**

1) I write with a pencil on a yellow pad.  
There is no other way  
to write a poem about organic gardening.

2) My daughter and her husband grow organic foods  
and flowers in a garden and a greenhouse.  
This is their way.

3) Look at seeds.  
Can you tell  
what the mature plants will look like?  
Each plant of each kind  
looks like all the other plants  
of that kind.  
Each plant of each kind differs  
from every other plant of that kind.  
Their seeds contain their differences  
Do the seeds look different from each other?

Hold thirteen seeds in your hand.  
See the differences between them.  
Identify each.  
Plant thirteen seeds.  
Watch the plants grow.  
Eat the plants.  
Take thirteen seeds  
from mature plants.  
Plant them.  
Watch them grow.

4) Brian and Amanda  
gave me enough edible-pod peas  
to feed an army.  
Watch me, everybody  
as I become an army.

5) I eat an organic cabbage, raw,  
a little each day.  
How long does it take me  
to eat the entire cabbage?

6) How old is the universe?

A cabbage plant  
grows a central stalk for seed  
that will fall to soil and begin again.

The universe exists in consciousness.  
Each moment, the universe begins.  
Each moment,  
consciousness seeds itself,  
begins again  
and encompasses the universe.

7) I can't tell you flavors,  
meanings.  
Words can't touch a carrot,  
a cabbage.  
Eyes are necessary,  
hands, tongue, nose.  
Listen carefully.  
Ask it to name itself.

8) After my senses absorb  
and my body digests,  
I begin to understand  
an edible-pod pea

Understanding is seed  
for a carrot, a cabbage  
an edible-pod pea,  
the universe.  
From seed, a plant grows.  
We eat the plant  
and ingest understanding.  
It matures, makes seed  
to continue each moment,  
lettuce, parsley,  
the universe.